

EAT

TOASTS & BOWLS

Peanut Butter Banana Power Toast . . . 4.49

Peanut Butter, bananas, granola & honey on multigrain bread.

V Avocado Tomato Power Toast . . . 5.29

Avocado, spinach, cucumbers, tomatoes, & balsamic glaze on multigrain bread.

MOST POPULAR

V Acai Bowl 11.99

Acai puree, banana, coconut milk topped with fresh fruit, granola & peanut butter.

V Mango Pineapple Smoothie Bowl . . . 11.99

Banana, mango, pineapple, coconut milk topped with fresh fruit & granola.

Ranchero Benedict 7.49

Poached eggs, spinach, creamy ranchero sauce on multigrain toast.

Overnight Oats 5.99

Rolled oats, chia seeds, coconut milk, fresh berries topped with honey & cinnamon.

SALADS

GF La Mediterranean 11.99

Boiled eggs, cucumber, cherry tomato, fresh mozzarella & green salad served with balsamic vinaigrette.

GF Amsterdammer 11.99

Goat cheese, pears, almonds, cherry tomatoes, and green salad served with balsamic vinaigrette.

NEW!

Quinoa Salad Quinoa, cherry tomato, cucumber, red onion, goat cheese, dill. 11.99

SANDWICHES *10.49 each w/ side salad*

+\$1 for GF Bread

Turkey Pesto

Turkey, provolone & homemade pesto served on fresh baguette.

Chicken Caprese

Chicken, fresh mozzarella, tomato, basil, and balsamic served on fresh ciabatta.

Tomato Mozzarella

Fresh mozzarella, tomatoes, basil, and balsamic served on fresh ciabatta.

Turkey & Havarti

Turkey, havarti, red onions, spinach & chipotle mayo served on fresh baguette.

Tuna Salad

Homemade tuna salad served on fresh baguette.

Egg Salad

Boiled eggs, swiss, tomatoes, spinach, and mayo served on fresh baguette.

COFFEE

	8oz	12oz	16oz
Batch Brew	3.00	3.50	3.75
Pour-over	3.50	4.00	4.25
Chemex <i>for 2</i>	-	-	8.00
Iced Coffee	-	-	4.00
Draft Coffee	-	-	4.50

Double Espresso	2oz	3.00
Cortado	4oz	3.50
Flat White	6oz	3.75

Americano	3.50	4.00	4.50
Cappuccino	4.00	4.50	5.00
Latte	4.25	4.75	5.25
Mocha	4.75	5.25	5.75

Hot Chocolate 4.50 5.00 5.50

Syrups +.50
Vanilla, caramel, hazelnut & more.

Alternative Milks +.75
Almond, soy, oat, or coconut.

TEA

Loose Leaf Tea, brewed to order 4.00

HOT OR ICED

Ask to see our tea list for a selection of black, green, and herbal teas.

Masala Chai Latte 8oz 12oz 16oz
3.50 4.00 4.50
HOT OR ICED

Matcha Latte 5.00 5.50 6.00
HOT OR ICED

SMOOTHIES *6.49 each*

V Tropical Chia **+\$1 Hemp Protein**

Pineapple, mango, ginger, chia seed, coconut water.

V Green Goodness

Pineapple, mango, spinach, banana, orange juice.

MOST POPULAR

V Berry Banana

Mixed berries, banana, orange juice.

V Avocado Boost

Avocado, spinach, kiwi, orange juice.

DRINK

INDULGE

SIGNATURE DRINKS 8.50

The Van Gogh

HOT

The Rembrandt

COLD



← whipped cream & sprinkles

← chocolate-covered donut OR waffle

← chocolate milk

CHOCOLATE FONDUE

11.99 per person

MILK or DARK

Assorted fruit, cookies, & marshmallows to dip in delicious melted chocolate.

TURKISH COFFEE 6.00

A delicious cup of traditional Turkish coffee served with a seasonal treat.

FOOD ALLERGEN NOTICE: Please be advised that food prepared here may contain MILK, EGGS, WHEAT, SOY, TREE NUTS & PEANUTS